

## Existential Sex



The Centre of Existential Practice is pleased to announce a repeat of the very successful [Existential Sex](#) one-day experiential workshop.

Sexuality can be seen as a very “hot” topic in society. Every generation and different cultural background have a different understanding of how to handle this complex issue.

The Early Bird rate ends next Friday 26 March.

Sex and sexuality are so often the taboo topic in the counselling room so how as practitioners do we tackle this topic? Do we understand our own sexuality and how do we work with our client's sexuality?

While traditionally sex therapists have seen sexual ‘problems’ residing within an individual’s biology or psyche, existential-phenomenology see sexual concerns as being constructed and maintained within relational contexts. As an original form of intentionality the way we are sexually in the world is a reflection of the way we are in all our relational contexts. Therefore understanding our sexuality is a means of understanding our entire worldview.

This workshop will explore how working within the existential paradigm can bring alive our understandings of our own sexuality and in turn facilitate our client's understanding of whom they are as sexual human beings.

To those who have already attended this workshop we will be holding Existential Sex part 2 towards the end of the year (date to be confirmed).

[Carlos Webster](#) and [Alison Strasser](#) are the co-facilitators. Carlos has worked for the past 10 years in a community health setting, providing social work support and counselling to people affected with HIV and AIDS. Carlos’s therapeutic work focuses on the existential challenges of life including the integration of our sexuality into everyday awareness. Alison is an experienced educator, counsellor and coach with a particular interest in gender and human sexuality.

For more details of this event and to register your interest click [here](#):  
And for a flier click [here](#):

The Centre for Existential Practice is running this 1-day workshop on:

Dates: **Friday 16 April 2010**

Cost: \$245 (Early Bird: \$220 to be received by 26 March)

Venue: 3 Church Street, Waverly, Sydney [See map](#)

Time: 9.30am to 5pm

PD Points: 6 hours

Refreshments: Morning and afternoon tea will be provided. Lunch can be bought in the vicinity (close to Bondi Junction)

Access: There is parking in the vicinity and public transport is readily available.

Kind regards

Alison

Dr Alison Strasser

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