



ph 0400 505 446 e [info@trainingskillscentre.com.au](mailto:info@trainingskillscentre.com.au) w [www.trainingskillscentre.com.au](http://www.trainingskillscentre.com.au) add Mercure, Parramatta

## **LOW COST PROFESSIONAL DEVELOPMENT FOR YOU!** **SYDNEY WORKSHOP SCHEDULE 12-13 March, 2010**

Workshop Info

Register Now!

**THE NEXT INTERACTIVE COUNSELLOR EDUCATION WORKSHOPS ARE on Friday 12  
and Saturday 13 March at the Mercure Parramatta.**

**Your investment is \$85.00 (inc GST) for attendance at individual workshop  
or \$150 per day (3 workshops).**

**Training Skills Centre is facilitating affordable, small group, experiential workshops for counselling professionals.**

Our workshops are 2-3 hours in duration and are interactive and delivered in a relaxing, small group environment. They are experiential and allow plenty of time for you to gain up-to-date and relevant information as well as apply to your own case examples and experiences. You can register in individual workshops or multiple workshops to suit your individual needs.

**Register online or complete the form attached and email or fax it back to us**  
 or for further information, please email us at [mail@trainingskillscentre.com.au](mailto:mail@trainingskillscentre.com.au) or phone us on **0400 505 446**.

## Our workshop schedule is below.

Our facilitators hold post graduate counselling/psychology and training qualifications in the area of workshop they are delivering as well as being current practitioners.

### WORKSHOP SCHEDULE 12-13 MARCH 2010

<b>Friday 12 March</b>	<b>Effective note taking for counselling professionals</b>	In this workshop we will explore skills and strategies for effective note taking of client session information; what to do if you are subpoenaed; privacy act requirements, confidentiality and more	8.30am-10.30am
	<b>Using reflective practice techniques to enhance practitioner resilience</b>	In this workshop participants will be given a theoretical orientation to how to increase their resilience in the counselling context by applying reflective practice techniques; reducing compassion fatigue and burn out.	11.00am-1.00pm
	<b>Using strengths based resources to enhance counselling effectiveness</b>	This interactive workshop will employ a range of strengths based tools and resources in order for the counsellor to effectively engage the client ensuring an effective intervention.	2.00pm-4.30pm
<b>Saturday 13 March</b>	<b>Motivational Interviewing</b>	In this workshop participants will have a basic introduction to Motivational Interviewing and its application in the counselling context.	9.00am-11am
	<b>Art as Therapy</b>	This hands on workshop will demonstrate how art can be used to assist the therapeutic intervention. Participants will be able to actively work on their own story through and art medium.	11.30am-1.30pm
	<b>CBT in action</b>	This workshop will provide an introduction to applying CBT when working with children and adults	2.00pm-4.00pm
<b>COSTS</b>	<b>Attendance at single workshops is \$85 per participant per workshop includes comprehensive handouts; tea/coffee included. Lunch available at additional cost.</b>		
	<b>Full day Attendance (3 workshops) is \$150 per participant per workshop includes comprehensive handouts; tea/coffee included. Lunch available at additional cost.</b>		