

Learning to work cross-culturally using imagery and metaphor.....

Drawings are bridges that allow us to reach each other, despite differences of language, culture and circumstance.

Drawings also provide a bridge for the client to go within and contact constructive parts of themselves.

Technically, drawings 'work' by activating right-brain functions, - which enable the client to process complex feelings, memories and perceptions of self-image.

Working with imagery and metaphor expands the client's representational system, enabling them to see their situation more clearly. Simple drawings and written words can carry vast amounts of encoded information (personal and archetypal) that can be worked up to provide a significant therapeutic encounter, offering a potent way for the client to reveal themselves more clearly, and to connect inner resourcefulness with outer opportunities for change and development.

Interactive Drawing Therapy (IDT) encourages the client to write, diagram and draw as they talk and feel, - to put themselves out on paper. As they layer more and more material onto the same page, the client reaches a point where the resulting imagery evokes an intuitive and spontaneous shift in their perceptual schema - from a stuck repetition of presenting issues and attitudes, to an insightful recognition and acceptance of underlying issues. This process transcends cultural differences as all cultures have their own imagery and metaphorical concepts. Because IDT helps the client to work through their problems with their own interpretation of their drawings any cultural bias a counsellor or other modality may have can be overcome. IDT's method of working with imagery and metaphor offers a powerful tool for clients to see themselves differently, develop self-awareness, intuition, and release an inherent and archetypal wisdom.

IDT TRAINING

Your starting point for IDT training is the Foundation Course, which consists of two x 2-day units. The course teaches helping professionals how to use IDT with clients.

Besides our scheduled courses, IDT training courses can also be delivered to agencies on an in-house contract basis.

Remaining IDT Foundation Courses for 2009 include:

NEW ZEALAND

Auckland	24-25 September followed by 5-6 November
Wellington	15-16 October followed by 19-20 November
Christchurch	22-23 October followed by 26-27 November

AUSTRALIA

Canberra	28-29 September followed by 26-27 October
Sydney	1-2 October followed by 29-30 October
Brisbane	8-9 October followed by 12-13 November

Please go to our website << InteractiveDrawingTherapy.com >> to download an enrolment form.

Interactive Drawing Therapy Ltd also offer a wide range of courses etc... in both New Zealand and Australia for graduates of our Foundation Courses. These include...

- The IDT Advanced Course
- The IDT Professional Development Series including...
 - Using IDT with Children and Adolescents
 - Case Work
 - Group Work
 - IDT with Couples
 - Working at Depth

And we are developing courses like...

- IDT and working with addiction
- IDT with Asian clients
- Etc...
- The IDT Masters Course
- The IDT Teacher Training Course
- The biennial IDT Conference in NZ and Aus (next one in NZ 2010, in Aus 2011)
- The biennial IDT Retreat in NZ and Aus (next one in NZ Nov 2009, in Aus 2010)

THE UPCOMING YEAR – 2010

2010 promises to be a big year for Interactive Drawing Therapy Ltd., as we have plans for large market expansion, increased enrolments and exposure as well as possible accreditation and more Professional Development courses being on offer!

2010 Foundation and Advanced and PD Course Schedule

We are presently making the 2010 IDT course schedule and it should be finished by the end of the month. We will more than likely be sending it out with next month's email-out, so keep an eye out for that!

Venues

We are always on the hunt for better Venues so if you or an affiliated organization has a possible venue, please let us know and we will check it out for next year.

Australia Teacher Training!

We are currently redesigning the teacher training process to be more efficient, streamlined and effective. This is with the intention of running our first Australian Teacher Training course next year so if any of you are interested let us know and we will let you know the details as soon as we have them.

In-House Agency Courses

We are also planning on running more In-House Agency courses next year, especially in the more remote areas where we can't get the numbers to run a course ourselves. If you are interested in finding out more, let us know and we will send you our information sheet.

Professional Development Courses

We are currently thinking about developing some culturally specific Professional Development Courses such as Using IDT with Maori, Using IDT with Aboriginal peoples, Using IDT with Asian Cultures, Using IDT with Pacific Island peoples etc... and any guidance or recommendations on how we might approach this would be greatly appreciated and would increase the effectiveness of such a course. We know that IDT works uniquely well with these cultures and it would be good to tailor some courses to ensure that the clients get the best possible results from their IDT counsellor.

We are always looking out for more PD courses to develop so if you have any suggestions for us please let us know and we will evaluate the idea.

The Biennial IDT Conference 2010 in New Zealand

As is the tradition with IDT we will be holding our biennial IDT Conference in New Zealand next year! We will be looking for presenters to join our teachers with presentations on IDT, its uses, processes etc... so get thinking and let us know if you have something in mind so we can provide you with a guideline.

For further information on these or any other IDT product or service please contact Interactive Drawing Therapy Ltd with the details listed below.

Warm Regards,

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