

[We are seeking expressions of interest from individuals to attend the "Project Plan to Empowerment" workshops to be facilitated by Australian author and DV survivor, Ricky Hunter on the subject of Domestic Violence.](#)

Who should attend? Health professionals including, counsellors, psychologists, social workers, family support workers, uni students, telephone counsellors, workers and advocates in the field of domestic violence and sexual assault.

This is a one-of-its-kind workshop. Ricky explores at a deep personal level what it means to be a survivor of intimate partner abuse and torture as she exposes the labels of disempowerment and illegitimate shame.

Learn how to utilise Ricky's "recovery gems" with the people we work with. Ricky's book, a powerful document is being used by survivors and health professionals in the therapeutic setting and with significant impact in men's groups. Drawing from her secular experience in her professional life, single journeywoman Ricky Hunter developed her **Project Plan to Empowerment** document when used under strict medical supervision, can be a valuable tool to healing. Attending delegates will workshop the *Project Plan to Empowerment* and receive their own personal templates including *river mapping for clients that have special needs*.

Taking into consideration the major issues faced by women who are abused (57% in their lifetime in Australia – Flood.M) these workshops successfully shed more light on the following complex questions;

- (a) What is Intimate Partner Abuse, IPSV and its long term health outcomes?
- (b) Why don't women in abusive situations just leave?
- (c) What is the answer to 'The Big Why?' Why me?
- (d) What is the relationship between illegitimate shame and abuse?
- (e) What is the relationship between animal abuse and domestic abuse?

WHEN Friday 27th November 2009 9am – 4pm. (Host Maya North – Counsellor)

WHERE Mental Health Board Room William St – Sydney City East

Or

WHEN Monday 30th November 2009 9am – 4pm (Host Janine Rod Psychologist)

WHERE Lifestyle Manor Bondi (Parking available)

Registration Fee - Early Bird \$145.00 per person **pay before 13th October 2009** - \$160.00 **late registration after 13th Oct 2009**. Coffee/tea and light lunch provided.

Phone registrations mobile 0404 918 582. (PD points applicable for most associations)

Places are strictly limited so RSVP to rickyhunter@virginbroadband.com.au your expression of interest for **early bird before: 13th October 2009 by email**. You will receive a registration form by return email.

These workshops are held subject to sufficient numbers attending. Ricky's book will be available for sale on the day.

If your organisation would like to host a workshop in your area please contact us directly. For the Brisbane workshop dates email Ricky.

Yours sincerely,

Ricky Hunter ABN 53 356 004 330

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