

Dissociative Identity Disorder: Conceptualization, Assessment and Treatment

24 August 2009 – Brisbane (Novotel Hotel)

25 August 2009 - Melbourne (Rendezvous Hotel)

WORKSHOP OVERVIEW

This workshop deals with the diagnosis and treatment of individuals who satisfy diagnostic criteria for a dissociative disorder and in particular deals with those who have dissociative identity (DID) or dissociative disorder not otherwise stated (DDNOS) and who can also be frequently be conceptualized as fitting within the spectrum of a complex trauma disorder. The content of the material presented is calibrated to serve the needs of professionals who have a familiarity with the spectrum of conditions associated with psychological trauma but who may not necessarily have a detailed knowledge of dissociated disorders.

LEARNING OBJECTIVES

- To contextualise dissociative disorder, within both trauma-spectrum disorders, and the wider range of mental health disorders
- To outline the typical trauma histories and phenomenology of patients in the DID/DDNOS spectrum
- To provide a guide to the assessment and diagnosis of dissociative disorders
- To provide conceptual models that facilitate an understanding of the nature and effects of pathological dissociation
- To provide a framework for treatment encompassing staged out-patient psychotherapy and the judicious of in-patient/day-hospital programs

9.00am – 10.40am The Aetiology of Dissociative Disorders

- -The spectrum of trauma and its psychological effects
- -Society's resistances, transferences and counter-transferences
- -The genesis of dissociative disorders
- -The development of selfhood
- -The nature of boundaries

10.40am – 11.00am Morning Tea

11.00am – 12.45pm The Assessment of Dissociative Disorders

- -Profiles of trauma histories seen in dissociative disorders
- -Profiles of psychological phenomena characteristic of patients with dissociative disorders
- -Hysteria, dissociative disorders and psychosis
- -History taking and mental status examination
- -The spectrum of patients with dissociative disorders

12.45pm – 1.30pm Lunch

1.30pm – 3.00pm The Objectives and Staging of Therapy

- -Personal responsibility and the therapeutic alliance
- -The three stage model of therapy
- -Safety, processing of trauma, mourning, integrated functioning
- -Transference, counter-transference, boundaries and Karpman's Triangle
- -Follow-up

3.00pm – 3.20pm Afternoon Tea

3.20pm – 4.50pm Therapy: An Overview of Challenges and Difficulties

- -Dealing with alters/dissociative ego states
- -The emergence of individual selfhood
- -Competence, consistency and apportioning the work
- -Self-harming/suicidality, addictions, the repetition-compulsion
- -Dealing with partners, perpetrators and the legal system
- -Child abuse, betrayal trauma and the recovered memory controversy

4.50pm/5.00pm Close of Workshop

About your Workshop Leader

Warwick Middleton MB BS, FRANZCP, MD., holds appointments as Adjunct Professor, School of Public Health, La Trobe University, and, Associate Professor in Psychiatry, University of Queensland and is a fellow of the ISSTD. He has made substantial and ongoing contributions to the bereavement and trauma literatures and was with Dr Jeremy Butler author of the first published series in the Australian scientific literature detailing the abuse histories and clinical phenomenology of patients fulfilling diagnostic criteria for Dissociative Identity Disorder. He chairs The Cannan Institute as well as its research and conference organizing committees. In 1996 he was a principal architect in establishing Australia's first dedicated unit treating dissociative disorders (the Trauma and Dissociation Unit, Belmont Hospital). He has been in full time private practice since the beginning of 1995. He has had substantive ongoing involvement with research, writing, teaching (including workshops and seminar presentations) and supervision of health and research professionals. He is a member of the International Advisory Board of the Australian and New Zealand Journal of Psychiatry and is a member of the Editorial Board of the Journal of Trauma and Dissociation as well as being a regular reviewer for a number of psychiatric journals.

*****The Australian Psychological Society has endorsed this workshop for 7 Specialist Professional Development points for members of the following APS Colleges: Clinical, Counselling. Members of other APS Colleges and non-College members may claim the equivalent generalist points*****

REGISTRATION PRICES

Early Bird Rate \$499 (Prior to 31/7/09)

Post Early Bird \$599

Interstate Flat Fee \$399

Not for Profit Flat Fee \$369

Full Time Student Fee \$249

***All prices include GST**

**GROUP DISCOUNTS APPLY
FOR THIS WORKSHOP**

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For telephone enquiries phone 02 6628 2901. You can also download registration details at www.ppleducation.com.au

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