

Interactive Drawing Therapy

Working with the client's Unmet Needs

Social and psychological wounds are caused by two primary sets of forces, - invasion or deprivation. Whether the client is struggling with 'too much' interference or 'too little' opportunity, these external forces impact themselves on the client, distorting their sense of self and producing some characteristic responses:

- In reaction to **invasion**, assault, domination, pressure and overload, the client initially counters by pushing back and installing protective **boundaries**.
- In reaction to **deprivation**, theft, neglect, hunger and impoverishment, the client initially counters by reaching for more and more **resources**.

Although the specific details of these two situations can take many forms, their general structure can be readily drawn, diagrammed and notated on paper using Interactive Drawing Therapy techniques. These simple drawings provide the client with a better understanding of what is going on, and indicate to the counsellor or social worker what interventions are needed (boundaries or resources) to address the client's deep-level needs.

Because visual images acquire a symbolic function, working with illustrated pages becomes a powerful device for facilitating change in the client.

For further information about Interactive Drawing Therapy (IDT), including course flyers and registration forms, please visit our website www.InteractiveDrawingTherapy.com or email the IDT Office idt@pl.net

IDT Training

Your starting point for IDT training is the Foundation Course, which consists of two 2-day units. The course is designed to train helping professionals in the use of IDT with clients, and is intense, fast-moving and experientially-based. The Foundation Course can also be delivered to agencies on an in-house contract basis.

We have three remaining Foundation Courses scheduled for Australia 2009, plus for IDT Foundation Course graduates, one remaining Advanced Courses and several workshops.

Australia Foundation Course Schedule 2009

City	Unit One	Unit Two	Venue
Canberra	September 28-29	October 26-27	MacKillop House Conference Centre 50 Archibald Street, Lyneham
Sydney B	October 1-2	October 29-30	Lottie Stewart Hospital Function Room 40 Stewart St, Dundas
Brisbane B	October 8-9	November 12-13	Quaker Meeting House 10 Hampson Street, Kelvin Grove

Regards

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