

The Anxious Client - Sydney & Brisbane workshops



The Centre for Existential Practice is presenting a two-day workshop "The Anxious Client".

This workshop will be held in [Sydney](#), 22nd & 23rd August 2009 and in [Brisbane](#) 28th & 29th August 2009. Panic attacks, phobias and everyday anxiety is a phenomena that we all encounter as practitioners. 'The Anxious Client' is a workshop that explores anxiety from an existential perspective. As such, anxiety is seen as one of the universal conditions of being human and can be viewed as a means to propel us into new and liberating ways of living in the world.

This workshop will interest practitioners who work specifically with anxiety and wish to supplement their knowledge to include the existential paradigm and/or those who wish to deepen their awareness of existential thought and practice on anxiety.

In Sydney: Dr [Alison Strasser](#) and [Trudy Adelstein](#) are the co-facilitators

Dates: **Saturday/Sunday 22 & 23 August 2009**

Cost: \$375 (ex GST)

Venue: 3 Church Street, Waverly, Sydney [See map](#)

Time: 9.30am to 5pm

PD Points: 12 hours

To register [click here](#)

And to download a flier click [here](#)

In Brisbane: Dr [Alison Strasser](#) and [Pamela Ray](#) are the co-facilitators.

Dates: **Friday/Saturday 28 & 29 August 2009**

Cost: \$375 (ex GST)

Venue: Clayfield Memorial School of Arts, 32 Wagner Street, Clayfield [See map](#)

Time: 9.30am to 5pm

PD Points: 12 hours

To register click [here](#)

And to download a flier click [here](#)

The Centre for Existential Practice (CEP) is a community of existential / phenomenological practitioners wishing to further their knowledge, communicate their thoughts and participate in the on-going development of theory, research and practise. CEP's primary focus is Professional Development for those wishing to enhance their knowledge of existential and phenomenological theory and apply this understanding in every practice.

Kind regards

Dr Alison Strasser

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