



Queensland Counsellors Association Inc  
Member Association of Psychotherapy and Counselling Federation of Australia

Friday 3 July 2009

# “WHERE TWO OR MORE ARE GATHERED....”

## Group Counselling as a Natural Medium for Constructionist Principles

Presenter:

**GLEN GUY** B.A., Dip Psych., M.Ed., M.Ed.St.

This interactive presentation will show how group work can be planned and facilitated to give full expression to the principles and philosophy of Solution Focussed and Narrative counselling theory. Ways in which groups can become such a powerful medium for the application of these principles is explored by reference to the following areas of focus:

- Establishing groups
- Commencing sessions
- Unpacking members' theories of change
- Taking a position on problems
- Hosting conversations of change
- Linking past/present/future referents into preferred identities and values
- Audiencing preferred positions
- Using witnessing and reflecting processes
- Closing sessions
- Terminating groups
- Interpreting “group development” and other theories of group process
- Using groups as a supervision medium
- Phone and internet possibilities

*Glen is a former Senior Lecturer in the School of Psychology and Counselling, QUT 1971-2006 and Director, Guyvale Consulting Pty Ltd. He has more than 30 years experience in developing and facilitating counsellor training programs in universities, government departments, businesses, community agencies, health services and professional associations. This work has included local, national and international contracts and consultancies. He has had considerable experience in group and community work; in coaching, supervision and counselling skills and in organisational team development. Glen has pioneered the application of collaborative, strength based and Narrative ways of working as an alternative to traditional problem focussed methods in counselling, group work, supervision, community and organisational contexts. In 1995 Glen helped establish and then subsequently directed a Family Therapy and Counselling Clinic at QUT for the general public. This Clinic still continues to operate exclusively on reflecting team based, strength focussed ideas and approaches. Glen has supervised the individual, group and family practice of hundreds of counsellors and human service agencies throughout Australia and has produced many AV materials including a DVD training kit entitled “Depression From Woe To Go: Narrative Group Work” PsychOz.*

**WHERE:** Room 15, Endeavour College of Natural Health (formerly Australian College of Natural Medicine), 362 Water Street Valley – Plenty of parking – Drive in from Water Street up the driveway to the end of the main building, turn left into car park beside Room 15

**WHEN:** 5.00pm Friday 3<sup>rd</sup> July 2009. Enjoy light refreshments, including wine, juice and snacks and a chance to meet, talk and network with other counsellors from 5.00pm. Topic presentation starts 5.45pm and concludes at 7.00pm

**COST:** \$15.00 incl GST for QCA and PACFA members - \$20.00 incl GST for non-members. Payable at the door.

**R.S.V.P.:** Please advise if you are attending before Wednesday 1<sup>st</sup> July to [gca@qca.asn.au](mailto:gca@qca.asn.au)

**Ros Turner**

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