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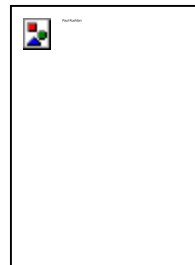
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THE INTERSYSTEM APPROACH TO COUPLE THERAPY: An Integrative Perspective

Gerald Weeks Ph.D.

August 2009

2009 Recipient for *OUTSTANDING CONTRIBUTION TO MARRIAGE AND FAMILY THERAPY*

from the American Association of Marriage and Family Therapy

Couple therapy is almost universally accepted as one of the most difficult and challenging therapeutic modalities. This training will cover the major problems presented in couple therapy, including how to avoid the common pitfalls that couples present for therapists. Most theoretical approaches to couple therapy are based on a myopic view of therapy. In

other words, the approach may be behavioral, cognitive or affective, and has a focus on the individuals within the couple, the couple itself, or historical (intergenerational factors).

This workshop will present the Intersystem Approach to Couple Therapy that has been developed by the presenter over the past twenty years. This approach is based on a simultaneous consideration of individual, interactional (dyadic) and intergenerational (family-of-origin) components of each couple system. This ambitious approach integrates the understanding of many systems in treating couples. The problems of the couple are viewed within a theory of love that includes commitment, intimacy and passion. Thus, the philosophy of this approach is not to fit the couple to the therapist's way of doing therapy, but to provide the therapist with a theory that can conform to the particular couple being treated.

The emphasis of this training is pragmatic. Participants will leave with a new theoretical framework that can be translated immediately into therapeutic practice. Therapists will learn a variety of strategies and techniques that can be implemented effectively the next day.

14 APS COUNSELLING POINTS

Gerald R. Weeks is Professor and Chair of the Department of Marriage and Family Therapy, University of Nevada, Las Vegas. He is a Clinical Member and Fellow of the *American Association of Marriage and Family Therapy*, Approved Supervisor (AAMFT), and Board-Certified (Diplomate) in marriage and family therapy, and sex therapy. Dr. Weeks has published 19 professional books across the fields of individual, couple, family, and sex therapy including, *Couples in Treatment: Techniques and Approaches for Effective Practice*.

This book is now undergoing its third revision and is one of the most widely used texts for graduate courses in couples therapy. His texts *Treating Infidelity* and *Hypoactive Sexual Desire* serve as the foundation for the topics presented in this training. He recently co-authored and edited two companion books that provide a comprehensive approach to sex therapy from the Intersystem Approach, *Systemic Sex Therapy* (2008) and *A Clinician's Guide to Systemic Sex Therapy* (2009).

In his 25 years of clinical experience Dr. Weeks has worked primarily with couples. He has taught couple therapy, both within the US and internationally, to therapists at all levels from beginners to practitioners with many years of clinical experience. In spite of the challenges of doing couple therapy, Dr. Weeks is as excited about being a couple therapist today as when he was a beginner. His goal is to inspire more therapists to work with couples and to re-vitalize seasoned therapists.

TRAINING AND REGISTRATION BROCHURE

[Click here](#) to download a registration brochure

FOR SECURE ONLINE REGISTRATION

[Click here](#) to register online or phone **03 9855 2220**

DATES AND LOCATIONS

MELBOURNE

Monday 3rd & Tuesday 4th AUGUST 2009

Oaks on Market

For Venue Info and Map [click here](#)

For Accommodation Information [click here](#)

SYDNEY

Friday 7th & Saturday 8th AUGUST 2009

Rydges North Sydney

For Venue Info and Map [click here](#)

For Accommodation Information [click here](#)

BRISBANE

Monday 10th & Tuesday 11th AUGUST 2009

Eagle Street Conference Centre

For Venue Info and Map [click here](#)

For Accommodation Information [click here](#)

PERTH

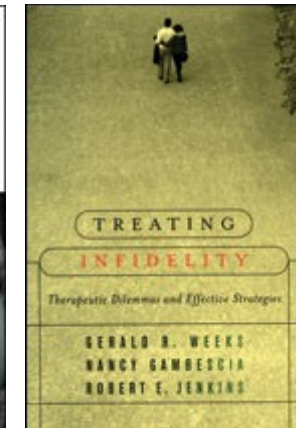
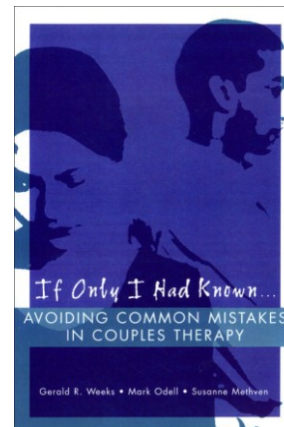
Friday 14th & Saturday 15th AUGUST 2009

Wardle Room, Perth Concert Hall

For Venue Map [click here](#)

For Accommodation Information [click here](#)

BOOKS BY GERALD WEEKS Ph.D



click on a bookcover above for more information or to order online

PROFESSIONAL DEVELOPMENT POINTS:

APS ENDORSED ACTIVITY 14 CLINICAL AND COUNSELLING POINTS.

Members of other APS Colleges and non-college members may claim the equivalent generalist points. Certificate of Attendance will be supplied detailing hours of training, trainer's qualifications and course content.