

Centre for Existential Practice - June/July workshops



The Centre for Existential Practice is holding four workshops in the next couple of months. We hope that one or more of these may appeal to you.

All workshops provide PD points.

Melbourne - [Introduction to Existential Theory & Practice](#) - 13 & 14 June

This two-day workshop introduces participants to the fundamental philosophical concepts that inform the practice of existential counselling and psychotherapy.

It will include an overview of the major existential/phenomenological philosophers and also incorporate the thinking of current practitioners working within this modality. The workshop is suitable for practitioners who wish to incorporate existential notions of theory and practice into their work.

For more details of this event and to register click [here](#)

Sydney - [Existential Sex](#) - Saturday 20 June

Sexuality can be seen as a very “hot” topic in society. Every generation and different cultural background have a different understanding of how to handle this complex issue. Sex and sexuality are so often the taboo topic in the counselling room so how as practitioners do we tackle this topic? Do we understand our own sexuality and how do we work with our client's sexuality? This workshop will explore how working within the existential paradigm can bring alive our understandings of our own sexuality and in turn facilitate our client's understanding of whom they are as sexual human beings.

For more details of this event and to register your interest click [here](#):

Sydney - [The Relational World of Couples](#) - Friday 3 July

Existential therapy focuses on the relational aspects of experience and working with couples is an extension of this concept. The presenters Kerry Spence and Adam McLean bring their extensive experience into this highly experiential workshop. Key existential concepts will be explored and applied to working with couples.

To register for this event click [here](#)

Sydney - [Supervision Training- The Existential Wheel of Supervision](#) (every Wednesday in July)

This 5-day program for supervisors evolved from the 'Wheel of Supervision' - a framework for exploring the various themes, tasks and processes involved in supervision. It is underpinned by the existential and phenomenological philosophy which emphasises the significance of the multi-levels of inter-relationship that occur. Existential supervision offers the chance to gain alternative perspectives and to work with the existential issues that arise. Participants will explore how to take up the mantle of the responsible supervisor and have the opportunity to develop their own skills and style of

working as a supervisor.

For more details of this program and to register click [here](#)

If you have any questions or would like further information, email admin@cep.net.au or phone 0431 401 659

Kind regards
Alison

Dr Alison Strasser
Director, Centre for Existential Practice
alison@cep.net.au