

Interactive Drawing Therapy ... more than words!

*(Note new Bondi venue for Sydney B Foundation Course, scroll down for more information)

In our previous emails and advertisements, we've described the process of IDT and told you about its benefits.

We've said:

- that **Interactive Drawing Therapy** (IDT) is a powerful page-based way of working with clients' words, images and feelings that goes beyond the traditional verbal therapies
- that the page becomes a mirror for your clients, helping them change their perceptions about themselves, their experiences, and their world of possibilities
- and that in Unit 2 of the course you are introduced to a unique map of the stages of the therapeutic journey which guides you through the tasks, challenges, risks and interventions of each stage.

Also, that IDT is:

- a practical and versatile modality that bridges age, language and cultural differences
- creative, inspiring and respectful - easily learnt and user-friendly
- well-established (and growing), with over 6,000 Australasian course registrations
- widely-used by a diverse range of helping professionals.

Now we'd like you to hear what our course participants have to say about the IDT Foundation Course and the IDT modality. Here's a small selection of comments from the many positive testimonials we've received from recent course participants.

Psychologist

"I have had the most amazing and life-changing two days."

Counsellor

"Just what I needed – it has given me a therapeutic mode that speaks my language."

Youth Worker

"Fantastic, vibrant, informative, an adventure that is very simple yet profound."

Counsellor & Mental Health Social Worker

"The thing I really like about IDT is the interactive nature of it. It's great when the client and I draw on the same page, adding different things, or when the client takes over one of my drawings. I find it less tiring than just talking and listening - the 'doing' in itself generates energy in the room and provides a nice visual account of what happened in the session."

Practitioner

"A well-founded therapeutic approach working with and without words"

Social Worker

"You will be pleased to know I am using IDT more and more in my work as a social worker and loving the results for the clients."

Tutor

"I appreciated the content, delivery and structure of the programme. It was great working with tutors who were aware of professional boundaries and client safety. I was surprised at the power of the process of IDT."

Want To Know More?

For further information about Interactive Drawing Therapy, including a course flyer detailing course fee options, please visit our website www.InteractiveDrawingTherapy.com or email the IDT office, idt@pl.net

Your starting point for IDT training is the Foundation Course, which consists of 2 two-day units. The course is designed to train helping professionals in the use of IDT with clients, and is intense, fast-moving and experientially-based. It can also be delivered to agencies on an in-house contract basis. Once you've completed the Foundation Course, there are opportunities for further training by attending one or more of the Professional Development workshops, or the Advanced Course.

Australian Foundation Course Schedule 2009

City	Unit One	Unit Two	Venue
Adelaide	April 14-15	May 18-19	Unit 1: Sophia 225 Cross Rd, Cumberland Park Unit 2: Fullarton Park Centre, Parkview 411 Fullarton Rd, Fullarton
Melbourne	April 16-17	May 21-22	Cardinal Knox Centre 383 Albert St, East Melbourne
Sydney A	April 20-21	July 16-17	Lottie Stewart Hospital Function Room 40 Stewart St, Dundas
Brisbane A	April 23-24	July 9-10	Quaker Meeting House 10 Hampson Street, Kelvin Grove
Canberra	September 28-29	October 26-27	Mackillop House Conference Centre 50 Archibald Street, Lyneham
Sydney B NEW VENUE	October 1-2	October 29-30	Lifestyle Manor Function Room 24-32 Flood St, Bondi, Sydney
Brisbane B	October 8-9	November 12-13	Quaker Meeting House 10 Hampson Street, Kelvin Grove

We look forward to meeting you at an IDT course soon.

Regards

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