

**The Davis Health Centre** is proud to present the workshop by Richard Hill below, but this is not just an advertisement. Regardless of whether you choose to attend the workshop a host of research papers, articles and the full video, including PowerPoint slides, of Richard's Mental Health Summit presentation is free for you to view at your leisure. Papers from Daniel Siegel, Stephen Porges, Kirsten Ulvas-Moberg and access to the esteemed Ernest Rossi's free book are all included. Just click on the links below.

Many thanks, Susan Davis RN, BHSc, DRM. The Davis Health Centre, Sydney

**How the 'real world' Is Driving Us Crazy! –**  
**A workshop and masterclass with Richard Hill.**



Following up the lectures given at **The Milton Erickson Foundation Brief Therapy Conference** in San Diego and the **Mental Health Super Summit**, this workshop expands and integrates the newest theories and practices in psychotherapy: Positive psychology, Self-Determination, Self Efficacy, Interpersonal Neurobiology, Solution Orientation, Neuroscience in Psychotherapy, Broaden and Build, The 4-stage Creative Cycle, Ultradian Rhythms and the Winner/Loser World Theory. From this, practical applications and new techniques will be introduced including Ernest Rossi's Mirror-Hand Approach (in the Masterclass).

(Look out for Richard's upcoming article in the **CAPA Quarterly** magazine.)

"Meeting him and then reading his book I thought – this man is genius" Dr Ronald Forbes

"Richard Hill is a fantastic and engaging presenter" AAMT National Conference

"... enormous regard and respect we have for both you and your work." ASOCHA

Workshop + Masterclass (attend 1 or 2 days)

**Melbourne (city) - 30-31 May**

**Sydney (city) – 20-21 June**

**Brisbane (city) – 11-12 July** register now at: [www.richardhill.com.au/register.htm](http://www.richardhill.com.au/register.htm)

**See Richard Speak at the Mental Health Super Summit plus free downloads of relevant papers – [www.richardhill.com.au/prewshop.htm](http://www.richardhill.com.au/prewshop.htm)** Video password - "workshop". The video gives you an insight into the foundation material for the workshop.

Single day - \$175. Both days - \$295. Only \$50 deposit required to secure a place.

Special offer for groups of 5 – 20 % off.

Includes refreshments and light lunch. Up to 12 education points: Attendance Certificate supplied.



More information and registration at: [www.richardhill.com.au](http://www.richardhill.com.au)

Richard Hill is fast becoming known as an expert in the new focus on neuroscience in psychotherapy and being a 'brain-wise' therapist. He holds a BA in linguistics (UNE), Dip Prof Couns (AIPC) and is sitting for a Masters in Social Ecology (UWS). He is mentored by Ernest Rossi, PhD in the new field of Psychosocial Genomics; is a member of the Global Association for Interpersonal Neurobiology Studies (GAINS) under Dr Daniel Siegel; a member of the NeuroLeadership Institute and the Creative Skills Training Council. He has written 2 books, *Choose Hope* and *How the 'real world' Is Driving Us Crazy!*, and is published around the world. He is a regular contributor to the GAINS Quarterly (USA) and has also written for the American Family Therapy Magazine (on the recommendation of Michael Yapko PhD), CAPA and AAMT. He has spoken to the ACA, ASOCHA, MindWorx and also the business community.

**Register** your interest or make a firm booking **as soon as possible**: [www.richardhill.com.au](http://www.richardhill.com.au) Only a **\$50 deposit required** until 2 weeks prior to the workshop (thereafter, full payment is required)

More information: [richhill@inet.net.au](mailto:richhill@inet.net.au)

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Specialist in the neuroscience of human behaviour.

Read his book "How the 'real world' Is Driving Us Crazy!"