

Supervision Training - an Existential Framework



Are you working as a therapist, counsellor or coach and want to expand your practice by becoming a supervisor? Are you a supervisor and want to explore how to integrate an existential perspective into your supervisor role?

Most of us become supervisors by default, but by specific training we are far better able to integrate the multiple levels of supervision. By becoming aware of who we are as a supervisor enables us to help our supervisees and ultimately their clients.

This [5-day program](#) for supervisors evolved from the "Wheel of Supervision" - a framework for exploring the various themes, tasks and processes involved in supervision. It is underpinned by the existential and phenomenological philosophy which emphasises the significance of the multi-levels of inter-relationship that occur. Existential supervision offers the chance to gain alternative perspectives and to work with the existential issues that arise. Participants will explore how to take up the mantle of the responsible supervisor within a supportive environment.

This workshop will suit practitioners intending to work wholly existentially, and for those wishing to incorporate aspects of the existential approach into your existing practice. There will be ample opportunity to put theory into practice as you develop your skills and your own style of working as a supervisor. A further five, 2-hour group supervision practice sessions will be offered following the program at a separate cost.

It is expected that participants will have a minimum of 5 years experience as a practitioner (counsellor/psychotherapist/coach) and to either be working as a supervisor or about to commence.

[Dr Alison Strasser](#) and [Trudy Adelstein](#) are the facilitators for this workshop. Alison is the Director of Centre for Existential Practice and wrote her doctoral thesis on the topic of supervision training. Trudy teaches existential courses, has a particular interest in trauma and loss and works in private practice as a supervisor and therapist.

For more details of this event and to register your interest click [here](#):

And for a flier click [here](#):

The Centre for Existential Practice is running this 5-day workshop on

Dates: **Wednesdays - 1, 8, 15, 22 & 29 July**

Cost: \$820 (ex GST) Venue: 3 Church Street, Waverly, Sydney [See map](#)

Time: 9.30am to 5pm PD Points: 30

Refreshments: Morning and afternoon tea will be provided. Lunch can be bought in the vicinity (close to Bondi Junction) Access: There is parking in the vicinity and public transport is readily available.

Kind regards, Dr Alison Strasser, Director, Centre for Existential Practice
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