



SANDPLAY VICTORIA

ABN 70 265 769 072

Roman Ilgauskas

Professional Development Coordinator

2/17 Cowderoy Street,

St.Kilda West VIC 3182

Phone (613) 953 72384

Mobile 043 9988 855

*“Often the hands will solve a mystery
that the intellect has struggled with in vain.” - C.G. Jung*

SANDPLAY PROFESSIONAL DEVELOPMENT PROGRAM 2009

Supervision and Workshop Masterclass with Dr. Alexander Esterhuyzen

Sandplay seems to access areas of human suffering, which have otherwise always resisted psychotherapeutic treatment. Recent research in neuroscience has begun to explain why this is possible: trauma is not remembered in verbal form – what has never been articulated in words nor ‘shaped’ cannot be outwardly expressed. In sandplay, however, ‘it’ manifests itself as a form, shaped by the hands. The inexpressible can be seen and touched – therefore, it can be transformed. The program includes workshop and peer supervision for current practicing therapists interested in developing sandplay as a therapeutic medium, and for those sandplay therapists who are working towards ISST accreditation.

WORKSHOP 1: TREACY CONFERENCE CENTRE ROYAL PARK

JUNGIAN FUNDAMENTALS IN SANDPLAY:

COMPLEX, SYMBOL & ARCHETYPES

Start: 7 pm Friday evening 24 April to Sunday 5 pm 26 April 2009 Fee \$450

The workshop will provide a practical, applied introduction to the fundamental concepts of Complexes, Symbols and Archetypes in Jungian Psychology. The workshop will cover:

- *Attachment*: This topic will be illustrated with sandplay case material from work with children and adults.
- *Introduction to Individuation*: Jungian developmental models: The development of the feminine and masculine in women and the development of the masculine and the feminine in men.
- *The destructive element in the sandtray*: The shadow
- *Transference and Counter transference*: This concept will be woven through the workshop.
- *Fairy tale*: as a narrative process in the tray: This will be explored in experiential group work

Attendance will provide 14 hours of theoretical training towards ISST membership.

WORKSHOP 2: ODYSSEUS’ JOURNEY TO THE UNDERWORLD:

SIGNPOSTS FOR MEN IN SEARCH OF THEMSELVES

Start 7pm Friday 1 May to Sunday 5pm 3 May: Residential Intensive for men at Hesketh House Retreat in the Mount Macedon Forest 65 Km from Melbourne <http://www.heskethouse.com.au/> Alexander invites you to come, share time with him and to listen to your dreams in the safety of this sacred gathering of men. Open fires, rustic surrounds, great food and quiet forest walks. Max 10 participants.

Tuition \$350 Double room and Food \$265 OR Bunk room and food \$200

PEER SUPERVISION TREACY CONFERENCE CENTRE ROYAL PARK

GROUP A: 17, 18 and 19 April - Friday through to Sunday OR

GROUP B: 21, 22 and 23 April - Tuesday through to Thursday

9 am to 5 pm, providing 21 hours of accredited ISST peer supervision hours. Fee \$525

INDIVIDUAL SUPERVISION HOURS

There are some individual supervision sessions available with Dr. Esterhuyzen. (\$A110 per hour). For more details contact:

In Melbourne Roman Ilgauskas (03) 95372384

In Sydney Sarah Gibson (02) 98101898

Dr. Alexander Esterhuyzen is a Senior (Jungian) Analyst with the Independent Group of Analytical Psychologists in London. He is also a Sandplay Therapist and Teaching member of the International Society for Sandplay Therapy (ISST), currently Chair of the British and Irish Sandplay Society and Vice-President (Europe) of the ISST. He is a Consultant Psychiatrist specialized in psychotherapy and was Honorary Senior Lecturer at St.George's Hospital in London. He has a particular interest in Mythology and its relation to Psychology and has taught and supervised on a number of international projects.

FOR MORE INFORMATION OR TO REGISTER

SANDPLAY VICTORIA

ABN 70 265 769 072

Roman Ilgauskas

Professional Development Coordinator

2/17 Cowderoy Street, St.Kilda West VIC 3182

Phone (613) 953 72384 Mobile 043 9988 855

Full payment is required to confirm your registration

Please make your cheque out to Sandplay Victoria

THANKS TO THE FOLLOWING ORGANISING COMMITTEE

Heather Lesley-Swan Previous Sydney Organizer

Michelle Morris previous Melbourne Organizer

Sarah Gibson ANZSJA Sydney

Jacinta Frawley ANZJA Sydney

Joy Norton ANZSJA Melbourne

Judith Ayre Melbourne

Sue Boggan Melbourne

View the Jung Downunder website at

http://www.jungdownunder.com/Sandplay/sandplay_home.htm

International Society for Sandplay Therapy (ISST)

<http://www.isst-society.com/starteng.htm>