

The Existential Road to Dreams



The Centre for Existential Practice offers this two-day experiential workshop [The Existential Road to Dreams](#) to be held on Saturday and Sunday 29 & 30 November. Come and enjoy the benefits of working with dreams - it truly is a fantastic process of gaining greater depth and understanding about ourselves and our clients.

Existential therapists believe dreams are an expression of the dreamer's current existential position providing a message about the person's relationship with their waking world. Hence, dreams are a wonderful tool for unlocking the feelings and emotions that we may not be aware of in our everyday life.

Over these two days, we will explore various existential approaches to understanding dreams and simultaneously work with our personal dreams both in pairs and in the larger group.

[Pamela Ray](#) is the facilitator for this workshop. She has a passionate interest in dreams stemming from her training at Regent's College London where she spent a year as a participant in an Existential Dream Group.

[Dr Alison Strasser](#) will co-facilitate with Pamela. Alison is the Director of Centre for Existential Practice and has many years experience in developing existential curricula and workshops.

For more details of this event and to register your interest click [here](#):
And for a flier click [here](#):

The Centre for Existential Practice is running this 2-day workshop on

Dates: **Saturday & Sunday 29 & 30 November 2008**

Cost: \$350 (ex GST)

Venue: 3 Church Street, Waverly, Sydney [See map](#)

Time: 9.30am to 5pm

PD Points: 12 hours

Refreshments: Morning and afternoon tea will be provided. Lunch can be bought in the vicinity (close to Bondi Junction)

Access: There is parking in the vicinity and public transport is readily available.

This will be our last workshop for this year but have an exciting program planned for 2009 with a mix of one and two day workshops as well as the long promised Supervision Training and Advanced Existential Theory and Practice. We will send an email shortly with the details and dates.

Kind regards

Dr Alison Strasser

Director, Centre for Existential Practice

alison@cep.net.au

0431 401 659