



Queensland Counsellors Association Inc
Member Association of Psychotherapy and Counselling Federation of Australia

is proud to present a half-day workshop (9.00am-12.30pm)

Assessment and treatment for Depression/Anxiety **Saturday 20th September 2008**

This workshop will provide an introduction to assessment along axis I of the DSM-ICD criteria for mood disorders using the MINI (diagnostic inventory). This assessment system would be consistent with the mental health competency standards on assessment.

Assessment for psychotherapy and counselling is regarded as a key competency in the national mental health standards. The ability to assess various mental health problems allow for treatment planning, risk management and effective communication with medical and other mental health professionals. This workshop will provide an introduction to assessment along axis I of the DSM-ICD criteria for mood disorders using the MINI (diagnostic inventory). The first stage of the workshop will examine how to assess common mood disorders such as depression, address comorbidity, and how to make treatment choices and understand the benefits and limitations of assessment. Participants will then gain practical experience using the MINI and will have a basic level of competence in using this instrument to make assessments by the workshop end.

Dr Matthew Bambling MAPS is a lecturer in psychology and counselling at QUT. Matthew is well known for his research into psychotherapy outcome, therapist training, supervision and mental health.

WHERE: Room 15, Australian College of Natural Medicine, 362 Water St Valley - Plenty of parking - Drive in from Water Street up the driveway to the end of the main building, turn left into car park beside Room 15

WHEN: 9.00am Saturday 20th September 2008. Enjoy a delicious morning tea and a chance to meet, talk and network with other counsellors. Topic presentation starts 9.00am and concludes at 12.30pm

COST: \$66.00 incl GST for QCA and PACFA members, \$77.00 incl GST for non members, \$55.00 full time students (proof required)

To register or for further information email qca@qca.asn.au

Either post payment to: The Secretary QCA Inc
P.O. Box 3319
Bracken Ridge Q 4017

OR (preferred) pay by direct deposit: **Bank:** Qld Teachers' Credit Union
Account Name: Queensland Counsellors Ass.
BSB: 804002
Account No. 1208791

If paying by direct deposit please make sure your Surname(s) and the words "**Halfday Workshop**" appear in the reference field. Please e-mail qca@qca.asn.au to confirm payment details.

RSVP: Please advise if you are attending and pay before Wednesday 17th September 2008.

Ros Turner
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