

Assessment Criteria and Process for Entry to: *Level One - Transpersonal and Emotional Release Counselling*

Training in Transpersonal and Emotional Release Counselling is a dynamic and exciting process that can be challenging, transformative, innovative, and expanding. Intending students are supported in a process of self assessment and discernment as to their suitability to engage in this training. The trainers also assess the applicant, and this joint assessment process informs the final decision of suitability to enter the training program.

Entrance Requirement

- Applicants are required to have engaged in a minimum of 10 days experience of TERC within the previous 18 months prior to commencing training. At least 5 days must be in a group workshop facilitated by a TERC Trainer. During these workshop days the trainer will interview the applicant as part of the assessment process. The remaining 5 days may be met by attending workshops or individual sessions. Intending participants that have any concerns in regard to meeting the 10 day requirement are encouraged to make contact and discuss these concerns.

Assessment criteria:

- Applicants need to demonstrate the capacity to engage in deep personal exploration while also engaging in learning within a group environment.
- Applicants need to demonstrate the presence of some fundamental human capacities as a pre-requisite for beginning training as a psychotherapist/counsellor. These capacities can be demonstrated through live interviews, observing applicant's participation in an experiential workshop, etc.
- Self-awareness. Applicants need to demonstrate the capacity to relate in a facilitative way with others and to reflect on and examine the impact of these actions.
- Since therapy is fundamentally a relational art, applicants should demonstrate a relational capacity.

- Applicants should demonstrate a capacity to understand and practice ethical behaviour and be prepared to follow a code of ethics, which is an integrated part of the training program.
- The above qualities presume a certain level of mature life experience on the part of the applicant, and this is shown by the capacity to reflect on and learn from experience, including being open to positive and negative feedback.

Assessment is undertaken by:

- Self assessment by the applicant.
- Information provided through completion of the application form.
- Observation of an applicants capacity to participate during a group workshop.
- Interview with trainer/s during group workshop.

If you have any questions regarding the entry assessment process feel welcome to contact Martha Calhoun to discuss these.

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Please note that the Level One training only commences if there are sufficient suitable applicants.

The date for confirming commencement of the program is 27th April 2013.