

Association of Transpersonal and Emotional Release Counsellors' Supervision, Personal and Professional Development Record

NAME: _____ Membership Number: _____

Please tick box if a Practising Member.....

Full members of the Association need to complete each year a minimum of 50 hours, with a minimum of 10 hours in each category of Personal Development, Professional Development and Supervision. The remaining hours can be in any of the three categories.

Practitioner members who are not currently practising, are still required to undertake the 50 hours, though this would not include 10 hours of client supervision.

The period covered by these details needs to be 1/7/08-30/6/09

Supervision

A minimum of ten hours per year must be obtained from a Transpersonal and Emotional Release Trained Supervisor.

Supervision must be obtained from those who:

- *have had Full Practising ATERC Membership status for three years*
- *or have been approved as having enough experience as practitioners*
- *or are non ATERC Supervisors. If this section applies to you please note:- **your supervisor/s are required to complete a statement regarding your supervision containing:-letterhead, qualifications, contact details and details of their Membership of a Professional Association. Please attach this with your renewal.***

Types of supervision from Full Practising Members can include:

- *one on one with a more experienced Full Practising Association Members*
- *Peer supervision with other Full Practising Association members)*
- *Group supervision where a “ “ “ “ “ is present*
- *Case discussion with other “ “ “ “*

Supervision at regular intervals by approved Supervisors is required by the Association’s Ethical Guidelines (Aterc, E.G.3.2.1).

NOTES:

Client contact refers to time spent working with a client.

Supervision refers to time spent in discussion with a supervisor about professional work ie client contact. (It does not refer to observation of client contact). While supervision may include some level of personal work it is only able to be recorded below if it directly relates to the client.

Supervision may also point to the need for personal work, or professional development, to be undertaken, which is, of course, not recorded as supervision.

Record of hours of Supervision-min 10 hours

Date	Hrs of Supvn	Phone, face to face, Individual, Group.	Supervisor Name	No. of client contact hours covered by the period
Date	Hrs of	Phone, face to	Supervisor’s Name	No. of client contact hours

